

Texas

Nursing Home Guide

Learn:

How to Find the Right Nursing Home

How to Get Good Care There

How to Pay for it Without Going Broke

Selecting a Nursing Facility

When someone is faced with the overwhelming job of finding a nursing home for a loved one, their first question is usually, “Where do I begin?” Although this is a job that no one wants to do, it can be done with forethought and confidence that the best decision was made for everyone involved.

When nursing home placement is necessary, it is crucial that the family and potential resident decide what is most important to them in looking for a facility. It is important that the resident’s needs and wants be included in this evaluation. Things such as location of the facility, if a special care unit or program is necessary, and type of payer sources should be considered when beginning this process.

The next step is to identify the facilities in your area which meet the criteria you established above. A list of facilities can be searched at <http://facilityquality.dads.state.tx.us/qrs/public/qrs.do>.

If a placement is “down the road” and you have time, the next step is to call the nursing facilities and ask them to send you their information packet including an activity calendar and a menu.

After you have found the facilities that meet your criteria, prepare to tour the facilities you have chosen. Do not schedule your tours; just show up during regular business hours. During your visit you will be able to meet with the administrative staff who will answer all of your questions. Next, you will want to tour a second time in the evening or on the weekend just to see if there is a drastic difference in the atmosphere of the facility or the care being provided. It is important to tour at least two facilities, so you can see the difference in the physical design and the staff.

Pay attention to your instincts when you tour a facility. Ask yourself the following questions...Did I feel welcome? How long did I have to wait to meet with someone? Did the admission director find out my family member’s wants and needs? Was the facility clean? Were there any strong odors? Was the staff friendly? Did they seem to care for the residents? Did the staff seem to get along with each other? Listen and observe. You can learn a lot just by watching and paying attention.

When touring a facility, ask any questions that come to mind. There are no “dumb” questions. Here are a few examples of questions you will want to ask to make sure that the administration of the facility is giving proactive care instead of reacting to crisis.

- How do you ensure that call lights are answered promptly, regardless of your staffing?
- If someone is not able to move or turn him or herself, how do you ensure that they are turned and do not develop bedsores?
- How do you make sure that someone is assisted with the activities of daily living like dressing, toileting and transferring?
- Can residents bring in their own supplies?
- Can residents use any pharmacy?
- How many direct care staff members do you have on each shift? Does this number exceed the minimal number that state regulations require or do you just meet the minimum standard?
- What payer sources do you accept?
- How long has the medical director been with your facility?
- What were your most recent state survey results? (Ask to see a copy)

- How did you correct the deficiencies in the survey and what process did you put in place to make sure these deficiencies do not occur again?
- Has the state prohibited this facility from accepting new residents at any time during the last 2 years?
- What is your policy on family care planning conferences? Will you adjust your schedule to make sure that I can attend the meeting?
- Do you have references I can speak with?
- Can my loved one come in for a meal to see if he/she fits in and likes the facility?

A Nursing Home Evaluation Form is located on page 3 for you to use when touring facilities. This will help you keep track of which facility you liked best and those facilities that you did not care for.

Once a facility has been chosen, there are some definite steps you can take to make the process less traumatic on the resident. First, plan the admission carefully. If you know the resident becomes very difficult in the late afternoon, plan the admission for mid-morning. Next, complete the admission paperwork before your loved one actually moves into the facility. This will allow you to spend the first few hours that they are there with them getting them settled and making them feel secure in their new living environment.

Some practical things you want to be sure to do...mark every piece of clothing with a permanent laundry marker. When a facility is washing clothes for 120 or more people, it is common for things to occasionally end up in the wrong room; however you can help ensure getting the item returned if it is properly marked. If you are going to do your loved one's laundry, post a sign on the closet door to notify the staff and provide a laundry bag where dirty clothes can be placed. Also, bring in familiar items for the resident so that there is a feeling of home. However, do keep in mind that space is limited, especially in a semi-private room.

A very important thing for you to remember is that the staff of the facility is just meeting your loved one for the first time. They do not know his or her likes or dislikes, or those little nuances that make providing care go smoother. The best way you can help your loved one is to tell the staff, in writing, as much information as possible about your loved one...his/her likes and dislikes, typical daily schedule, and so on.

It is important that you get to know the people who are caring for your loved one. Most importantly, stay involved. Let everyone know how much you care and how committed you are to your loved one's care. Also understand that you will not help your loved one by becoming anxious or emotional. Assure them that although this is not an ideal situation, you will be there to assist them in making it as pleasurable as possible.

Nursing Home Evaluation

As you visit nursing homes, use the following form for each place you visit. Do not expect every nursing home to score well on every question. The presence or absence of any of these items does not automatically mean a facility is good or bad. Each has its own strengths and weaknesses. Simply consider what is most important to the resident and you.

Record your observations for each question by circling a number from one to five (If a question is unimportant to you or does not apply to your loved one, leave the evaluation area for that question blank). Then total the score for all of the questions.

Your ratings will help you compare nursing homes and choose the best one for your situation. But, do not rely simply on the numbers. Ask to speak to family members of other residents. Also, contact the Texas Long Term Care Ombudsman for information about the nursing home and get a copy of the facility's state inspection report from the nursing home or the Ombudsman.

TexasTitle19.com

Nursing Home Evaluation Form

Name of Nursing Home: _____

Date Visited: _____

The Building and Surroundings

Poor == Excellent

What is your first impression of the facility?	1 2 3 4 5
What is the condition of the facility's exterior paint, gutters, and trim?	1 2 3 4 5
Are the grounds pleasant and well-kept?	1 2 3 4 5
Do you like the view from the residents' rooms and other windows?	1 2 3 4 5
Do residents with Alzheimer's disease live in a separate Alzheimer's Unit?	1 2 3 4 5
Does the nursing home provide a secure outdoor area?	1 2 3 4 5
Is there a secure area where a resident with Alzheimer's disease can safely wander on walking paths?	1 2 3 4 5
Are there appropriate areas for physical therapy and occupational therapy?	1 2 3 4 5
Are facilities for barber or beauty salon services available?	1 2 3 4 5
Is the facility well ventilated?	1 2 3 4 5
What is your impression of general cleanliness throughout the facility?	1 2 3 4 5
Does the facility smell clean?	1 2 3 4 5
Is there enough space in resident rooms and common areas for the number of residents, is it crowded?	1 2 3 4 5
How noisy are hallways and common areas?	1 2 3 4 5
Is the dining area clean and pleasant?	1 2 3 4 5
Is there room at and between tables for both residents and aides for those who need assistance with meals?	1 2 3 4 5
Are common areas like lounges and activity rooms in use?	1 2 3 4 5
Are residents allowed to bring pieces of furniture and other personal items to decorate their rooms?	1 2 3 4 5

The Staff, Policies and Practices

Does the Administrator know residents by name and speak to them in a pleasant, friendly way?	1 2 3 4 5
Do staff and residents communicate with cheerful, respectful attitudes?	1 2 3 4 5
Do staff and administration seem to work well with each other in a spirit of cooperation?	1 2 3 4 5
Do residents get permanent assignment of staff?	1 2 3 4 5
Do nursing assistants participate in the resident's care planning process?	1 2 3 4 5
How good is the nursing home's record for employee retention?	1 2 3 4 5
Does the State Ombudsman visit the nursing home on a regular basis?	1 2 3 4 5
How likely is an increase in private pay rates?	1 2 3 4 5
Are there any additional charges not included in the daily or monthly rate?	1 2 3 4 5

Residents' Concerns

What method is used in selecting roommates?	1 2 3 4 5
What is a typical day like?	1 2 3 4 5
Can residents choose what time to go to bed and wake up?	1 2 3 4 5

Are meaningful activities available that are appropriate for residents?	1 2 3 4 5
If activities are in progress, what is the level of resident participation?	1 2 3 4 5
Can residents continue to participate in interests like gardening or contact with pets?	1 2 3 4 5
Does the nursing home provide transportation for community outings and activities?	1 2 3 4 5
Is a van or bus with wheel chair access available?	1 2 3 4 5
Do residents on Medicaid get mental health services or occupational, speech or physical therapies if needed?	1 2 3 4 5
What is your impression of the general cleanliness and grooming of the residents?	1 2 3 4 5
How are decisions about method and frequency of bathing made?	1 2 3 4 5
How do residents get their clothes laundered?	1 2 3 4 5
What happens when clothing or other items are missing?	1 2 3 4 5
Are meals appetizing and served promptly at mealtime?	1 2 3 4 5
Are snacks available between meals?	1 2 3 4 5
If residents call out for help or use a call light, do they get prompt, appropriate responses?	1 2 3 4 5
Does each resident have the same nursing assistant(s) most of the time?	1 2 3 4 5
How does a resident with problems voice a complaint?	1 2 3 4 5
Can residents participate in care plan meetings?	1 2 3 4 5
Does the nursing home have an effective resident council?	1 2 3 4 5

Family Considerations

How convenient is the nursing home's location to family members who may want to visit the resident?	1 2 3 4 5
Are there areas other than the resident's room where family members can visit?	1 2 3 4 5
Does the facility have safe, well-lighted, convenient parking?	1 2 3 4 5
Are hotels nearby for out-of-town family members?	1 2 3 4 5
Are area restaurants suitable for taking residents out for a meal with family members?	1 2 3 4 5
How convenient will care planning conferences be for interested family members?	1 2 3 4 5
Is an effective family council in place?	1 2 3 4 5
Can family/staff meetings be scheduled to discuss and work out any problems that may arise?	1 2 3 4 5

Total Score: _____

Notes & Comments:

How to Get Good Care in a Nursing Home

Once you find a nursing home placement for your loved one, you can begin the process of easing the transition from one level of care to another.

The most important way you can help is to ensure that your loved one gets good care in the new environment.

If you have been providing some or all of your loved one's care, you will notice a change in your role. Rather than functioning as a caregiver, you will instead become a care advocate. You will still be caring for your loved one, but in a new way.

Your key roles are to participate in planning for your loved one's care and stay in frequent communication with the nursing home staff.

Care Planning

The care planning process begins with a baseline assessment. This assessment occurs soon after a resident moves into a nursing home, certainly within the first two weeks.

A team from the nursing home which may include a doctor, nurse, social worker, dietitian and physical, occupational or recreational therapist uses information from both the resident and the family about the resident's medical and emotional needs.

This baseline assessment then becomes the yardstick against which the caregivers can measure the resident's progress.

The team asks family members about the resident's medical, psychological, spiritual, and social needs. You can also contribute information about your loved one's preferences and usual routine. For example, you might tell the staff, "Dad likes to listen to the radio as he falls asleep. He's been doing this since I was a child."

During the assessment process, you can help by using the next page to make your own list of your loved one's needs and giving the list to a member of the assessment team. For example, you may have noticed signs of depression along with symptoms of Alzheimer's. The assessment team may not notice these signs, so your input will be invaluable.

In the space below, list your loved one's medical needs:

In the space below, list your loved one's psychological needs:

In the space below, list your loved one's spiritual needs:

In the space below, list your loved one's social needs:

In the space below, list your loved one's preferences and usual routines:

The assessment team uses all of the information they gather to develop an individualized formal care plan. The care plan defines specific care the resident needs and outlines strategies the staff will use to meet those needs. The assessment team meets during the first month of a new resident's placement at a care planning meeting. Family members, as well as the resident, may attend.

When you go to the care plan meeting, bring along a copy of the list of needs you gave the assessment team earlier. Together, you can discuss your loved one's needs and the care plan the team has developed. And, if some need has been overlooked, you can ensure that the assessment team addresses it during this meeting.

Federal law requires that nursing home care result in improvement, if improvement is possible. In cases where improvement is not possible, the care must maintain abilities or slow the loss of function.

For example, if your mother has a small problem with language when she moves into the nursing home, the care plan should include activities that encourage her use of language unless or until the disease's progression changes this ability.

The care plan becomes part of the nursing home contract. It should detail the resident's medical, emotional, and social needs and spell out what will be done to improve (when possible) or maintain the resident's health.

According to federal law, nursing homes must review the resident's care plan every three months and also whenever the resident's condition changes. The staff must also reassess the resident annually. At these times, additional care planning meetings are held to update the resident's care plan.

For example, if your father had bladder control when he entered the nursing home, but has become incontinent, this significant change in his status means the nursing home staff must develop a new care plan that addresses his new need.

As a care advocate, you will want to monitor your loved one's care to be sure the nursing home is providing the care outlined in the care plan. You may also attend all care planning meetings, whether regularly scheduled or when held because of a change in your loved one's health. This is the best way to ensure that your loved one gets personal and appropriate care in the nursing home.

TexasTitle19.com

In Conclusion

In the previous pages, we have talked about how to find the right nursing home and how to get good care there. But where do you actually start looking? Where should you begin your search?

To assist you, I have compiled a list of the nursing homes in the greater Houston area, arranged according to the county they are located in.

The listings contain the name and address of the facility along with the telephone number. I have also included information on whether the nursing home accepts Medicare (typically for rehabilitation purposes) and Medicaid.

Once you have determined which facilities you want to tour, then you can use the enclosed evaluation tools to help you compare them.

Once you find a facility, your next challenge is how to pay for it without going broke. There are a number of strategies that you can use to qualify for Medicaid and still preserve some or all of the estate you have spent your lifetime building.

These strategies are perfectly legal and have been used by countless other families over the years. Please be advised, however, that Medicaid planning requires a great deal of knowledge of the ins and outs of the system. Work with an experienced advisor who knows the rules and can advise you accordingly. The Shea Law Firm is here to help you. Contact us at (832) 426-3913 to get started.

Montgomery County

	Accepts Medicare	Accepts Medicaid
CONROE HEALTH CARE CENTER 2019 N FRAZIER CONROE, TX 77301 (936) 441-2120	X	X
PARK MANOR OF CONROE 1600 GRAND LAKE DR CONROE, TX 77301 (936) 441-8266	X	X
PINE SHADOW RETREAT 23450 PINE SHADOW LN PORTER, TX 77365 (281) 354-2155		X
REGENT CARE CENTER OF THE WOODLANDS 10450 GOSLING RD THE WOODLANDS, TX 77381 (281) 296-9234	X	X
THE WOODLANDS HEALTHCARE CENTER LP 4650 S PANTHER CREEK DR THE WOODLANDS, TX 77381 (281) 363-3535	X	X
WILLIS NURSING AND REHABILITATION LP 3000 N DANVILLE RD WILLIS, TX 77378 (936) 856-4312	X	X
WOODLAND MANOR NURSING AND REHABILITATION 99 RIGBY OWEN RD CONROE, TX 77304 (936) 756-1240	X	X

Harris County

AFTON OAKS NURSING CENTER 7514 KINGSLEY ST HOUSTON, TX 77087 (713) 644-8393	X	X
ALLENBROOK HEALTHCARE CENTER 4109 ALLENBROOK DR BAYTOWN, TX 77521 (281) 422-3546	X	X
ASHFORD GARDENS 7210 NORTHLINE DR HOUSTON, TX 77076 (713) 699-2882	X	X
BEECHNUT MANOR 12777 BEECHNUT ST HOUSTON, TX 77072 (281) 879-8040	X	X

BRIARWOOD NURSING & REHABILITATION 7633 BELLFORT HOUSTON, TX 77061 (713) 644-2101	X	X
BRIGHTON GARDENS OF BELLAIRE 4620 BELLAIRE BLVD BELLAIRE, TX 77401 (713) 665-3888	X	
CANE ISLAND POST ACUTE CARE CENTER 21727 PROVINCIAL BLVD KATY, TX 77450 (281) 717-1302	X	X
CEDAR BAYOU REHABILITATION & HEALTH CARE CENTER 2000 W BAKER RD BAYTOWN, TX 77521 (281) 427-9120	X	X
CLAREWOOD HOUSE EXTENDED CARE CENTER 7400 CLAREWOOD DR HOUSTON, TX 77036 (713) 774-5821	X	
COURTYARD CONVALESCENT CENTER 7499 STANWICK DR HOUSTON, TX 77087 (713) 644-8048	X	X
CYPRESSWOOD HEALTH AND REHABILITATION CENTER 10851 CRESCENT MOON DR HOUSTON, TX 77064 (281) 955-4100	X	X
FAITH MEMORIAL NURSING HOME 811 GARNER RD PASADENA, TX 77502 (713) 473-8573	X	X
GARDEN TERRACE ALZHEIMERS CENTER OF EXCELLENCE 7887 CAMBRIDGE ST HOUSTON, TX 77054 (713) 796-2777	X	
GRACE CARE CENTER AT NORTHPOINTE 11830 NORTHPOINTE BOULEVARD TOMBALL, TX 77377 (281) 205-9400	X	X
GRACE CARE CENTER OF CYPRESS 9602 HUFFMEISTER RD HOUSTON, TX 77095 (281) 463-9001	X	X
GREEN ACRES OF BAYTOWN 2000 BEAUMONT ST BAYTOWN, TX 77520 (281) 427-4774	X	X

HEARTLAND HEALTH CARE CENTER AT WILLOWBROOK 13631 ARDFIELD DR HOUSTON, TX 77070 (281) 955-9572	X	X
HEARTLAND HEALTH CARE CENTER OF WEST HOUSTON AT RO 2939 WOODLAND PARK DR HOUSTON, TX 77082 (281) 870-9100	X	X
HERITAGE PARK OF KATY NURSING AND REHABILITATION 6001 GEORGE BUSH DR KATY, TX 77493 (281) 395-1124	X	X
HERMANN HOSPITAL 6411 FANNIN HOUSTON, TX 77030 (713) 704-6090	X	
HIGHLAND PARK CARE CENTER 2714 MORRISON HOUSTON, TX 77009 (713) 862-1616	X	X
HOUSTON NURSING AND REHABILITATION LP 4225 DENMARK HOUSTON, TX 77016 (713) 631-0200	X	X
HUMBLE HEALTHCARE CENTER 93 ISAACKS RD HUMBLE, TX 77338 (281) 446-7159	X	X
JACINTO CITY HEALTHCARE CENTER 1405 HOLLAND HOUSTON, TX 77029 (713) 455-1744	X	X
LAPORTE HEALTHCARE CENTER 208 SOUTH UTAH LA PORTE, TX 77571 (281) 471-1810	X	X
LAWRENCE STREET HEALTH CARE CENTER 615 LAWRENCE ST TOMBALL, TX 77375 (281) 357-4516	X	X
LEGEND OAKS HEALTHCARE AND REHABILITATION - NORTH 12921 MISTY WILLOW HOUSTON, TX 77070 (210) 564-0100		X
LEGEND OAKS HEALTHCARE AND REHABILITATION CENTER 15880 WALLISVILLE ROAD HOUSTON, TX 77049 (281) 457-6462	X	X

LEGEND OAKS HEALTHCARE AND REHABILITATION CENTER 8902 WEST RD HOUSTON, TX 77064 (713) 849-0990	X	X
LEGEND OAKS HEALTHCARE AND REHABILITATION-WEST HOUSTON 7107 QUEENSTON BLVD HOUSTON, TX 77095 (281) 463-7333	X	X
LEXINGTON PLACE NURSING & REHABILITATION 1737 N LOOP W HOUSTON, TX 77008 (713) 869-5551	X	X
MANDA ANN CONVALESCENT HOME INC 7441 COFFEE ST HOUSTON, TX 77033 (713) 733-9471		X
MANORCARE HEALTH SERVICES 750 W TEXAS AVE WEBSTER, TX 77598 (281) 332-3496	X	X
MANORCARE HEALTH SERVICES 7505 BELLERIVE HOUSTON, TX 77036 (713) 774-9611	X	X
MISSION CARE CENTERS-ALL SEASONS 6150 S LOOP EAST HOUSTON, TX 77087 (713) 643-2628	X	X
NEW ERA NURSING & REHABILITATION LLP 3510 SHERMAN ST HOUSTON, TX 77003 (713) 224-5344		X
NORTHWEST HEALTH AND REHABILITATION CENTER 17600 CALI DR HOUSTON, TX 77090 (281) 440-9000	X	X
OAKMONT HEALTHCARE AND REHABILITATION CENTER OF HU 8450 WILL CLAYTON PKWY HUMBLE, TX 77338 (281) 446-8484	X	X
OAKMONT HEALTHCARE AND REHABILITATION CENTER OF KA 1525 TULL DR KATY, TX 77449 (281) 578-1600	X	X
PARAMOUNT REHABILITATION AND HEALTHCARE CENTER 3434 WATTERS RD PASADENA, TX 77504 (713) 941-9155	X	X

PARK MANOR OF CYFAIR 11001 CRESCENT MOON DR HOUSTON, TX 77064 (281) 477-8877	X	X
PARK MANOR OF CYPRESS STATION 420 LANTERN BEND DR HOUSTON, TX 77090 (832) 249-6500	X	X
PARK MANOR OF HUMBLE 19424 MCKAY DR HUMBLE, TX 77338 (281) 319-4060	X	X
PARK MANOR OF SOUTH BELT 11902 RESOURCE PKWY HOUSTON, TX 77089 (281) 922-6802	X	X
PARK MANOR OF TOMBALL 250 SCHOOL STREET TOMBALL, TX 77375 (281) 516-7929	X	X
PARK MANOR OF WESTCHASE 11910 RICHMOND AVE HOUSTON, TX 77082 (281) 497-2838	X	X
PARKWAY PLACE 1321 PARK BAYOU DR HOUSTON, TX 77077 (281) 556-9200	X	
PASADENA CARE CENTER 4006 VISTA RD PASADENA, TX 77504 (713) 943-1592	X	X
QUENTIN MEASE COMMUNITY HOSPITAL 3601 N MACGREGOR HOUSTON, TX 77004 (713) 942-3801	X	
REGENCY VILLAGE 409 W GREEN WEBSTER, TX 77598 (281) 332-4738	X	X
REGENT CARE CENTER OF KINGWOOD 23775 KINGWOOD PLACE KINGWOOD, TX 77339 (281) 318-2600	X	X
SAINT JAMES HOUSE OF BAYTOWN 5800 W BAKER RD BAYTOWN, TX 77520 (281) 424-4541	X	X
SAN JACINTO MANOR 206 W P ST DEER PARK, TX 77536 (281) 479-8471	X	X

SAN JACINTO METHODIST HOSPITAL 4401 GARTH RD BAYTOWN, TX 77521 (281) 420-8600	X	
SEVEN ACRES JEWISH SENIOR CARE SERVICES INC 6200 N BRAESWOOD HOUSTON, TX 77074 (713) 778-5700	X	X
SILVER SPRINGS HEALTHCARE CENTER 12350 WOOD BAYOU DR HOUSTON, TX 77013 (713) 453-0446	X	X
SPRING BRANCH HEALTHCARE CENTER 8955 LONG POINT HOUSTON, TX 77055 (713) 464-7625	X	X
SPRING BRANCH TRANSITIONAL CARE CENTER 1615 HILLEDAHL RD HOUSTON, TX 77055 (713) 365-0561	X	X
ST DOMINIC VILLAGE NURSING HOME 2409 E HOLCOMBE BLVD HOUSTON, TX 77021 (713) 741-8701	X	X
ST JOSEPH MEDICAL CENTER 1401 ST JOSEPH PARKWAY HOUSTON, TX 77002 (713) 757-1000	X	
STONEBROOK HEALTHCARE CENTER 2808 STONEYBROOK DRIVE HOUSTON, TX 77063 (713) 782-4355	X	X
THE BUCKINGHAM 8530 WOODWAY DRIVE HOUSTON, TX 77063 (713) 979-3777	X	
THE CONCIERGE 2310 SOUTH ELDRIDGE PARKWAY HOUSTON, TX 77077 (281) 558-3900	X	
THE COURTYARDS AT PASADENA 4048 RED BLUFF ROAD PASADENA, TX 77503 (713) 477-7877	X	X
THE FORUM AT MEMORIAL WOODS HEALTHCARE CENTER 777 N POST OAK RD HOUSTON, TX 77024 (713) 956-6407	X	
THE GRACE CARE CENTER OF KATY 23553 WEST FERNHURST DRIVE KATY, TX 77494 (281) 394-1300	X	X

THE HAMPTON AT POST OAK 2929 POST OAK BLVD HOUSTON, TX 77056 (713) 993-9999	X	
THE HAMPTON HEALTH CARE CENTER AT WILLOWBROOK 13500 BRETON RIDGE HOUSTON, TX 77070 (281) 807-4744	X	X
THE METHODIST HOSPITAL SNF 6565 FANNIN HOUSTON, TX 77030 (713) 441-7828	X	
THE POINTE REHABILITATION AND HEALTHCARE CENTER 17231 MILL FOREST WEBSTER, TX 77598 (281) 488-5224	X	X
THE REHABILITATION & HEALTHCARE CENTER AT BAYTOWN 3921 N MAIN BAYTOWN, TX 77521 (281) 422-9541	X	X
THE SKILLED NURSING CENTER AT TOMBALL 605 HOLDERRIETH TOMBALL, TX 77375 (281) 401-7937	X	
THE VILLAGE AT GLEANNLOCH FARMS 9505 NORTH POINT BLVD SPRING, TX 77379 (281) 430-4900	X	X
THE VOSSWOOD NURSING CENTER 815 S VOSS RD HOUSTON, TX 77057 (713) 827-0883	X	
THE WESTBURY PLACE 5201 S WILLOW DR HOUSTON, TX 77035 (713) 721-0297	X	X
TOMBALL NURSING CENTER 815 N PEACH ST TOMBALL, TX 77375 (281) 351-5443	X	X
TREEMONT HEALTH CARE CENTER 2501 WESTERLAND DR HOUSTON, TX 77063 (713) 783-4100	X	
UNIVERSITY PLACE NURSING CENTER 7480 BEECHNUT HOUSTON, TX 77074 (713) 541-2900	X	

VILLA TOSCANA AT CYPRESS WOODS 15015 CYPRESS WOODS MEDICAL DR HOUSTON, TX 77014 (281) 586-6088	X	X
VISTA CONTINUING CARE CENTER 4300 VISTA RD PASADENA, TX 77504 (713) 946-6787	X	X
WEST JANISCH HEALTH CARE CENTER 617 W JANISCH ST HOUSTON, TX 77018 (713) 696-9093	X	X
WEST OAKS REHABILITATION AND HEALTHCARE CENTER 3625 GREEN CREST HOUSTON, TX 77082 (281) 558-1166	X	X
WESTCHASE HEALTH AND REHABILITATION CENTER 8820 TOWN PARK DR HOUSTON, TX 77036 (713) 777-7241	X	X
WESTWOOD REHABILITATION AND HEALTHCARE CENTER 8702 S COURSE DR HOUSTON, TX 77099 (281) 498-5796	X	X
WINTERHAVEN HEALTHCARE CENTER 6534 STUEBNER AIRLINE RD HOUSTON, TX 77091 (713) 692-5137	X	X
WOODRIDGE NURSING & REHABILITATION 8810 LONG POINT DR HOUSTON, TX 77055 (713) 468-7833	X	X
WOODWIND LAKES HEALTH AND REHABILITATION CENTER 7215 WINDFERN RD HOUSTON, TX 77040 (713) 466-8933	X	X